

December 2009



Director's Corner

3 more weeks till Winter!
Wow, this year has flown by!
I hope everyone enjoyed Thanksgiving and your time with family. We are 2 weeks away from our annual holiday concert. It is sure to bring many smiles to all your faces. The children are practicing diligently to ensure they deliver top notch performances! See you there!
Teresa and Tracy

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Employee of the

Milestones Employee of the Month
is....

Chloe Haddad

In the short time Chloe has been here, she has really proved that she has what it takes to be a successful preschool teacher! She has done such a wonderful job stepping into the pre-kindergarten room. The children and parents also appreciate all the wonderful activities provided on a daily basis!

Quote:

The color of springtime is in the flowers,
the color of winter is in the imagination.
~Ward Elliot Hour

UPCOMING EVENTS

15th Holiday
Concert @ 5:30pm

21st First Day of
Winter!

24th Center Closed

25th Center Closed

Winters will come and go, but leading your kids in the right direction for an active and healthy lifestyle will last a lifetime.

1. Discover indoor facilities. Visit an indoor swimming pool, ice skating rink or basketball court at a local gym, school or community center.

2. Dance your heart out. Encourage your child to pick the music, crank it up and then dance away. March, box step, bounce, spin, shake, it is a great way to burn calories.

3. Take it outside. Get the whole family outside to do some sledding, build snow forts and throw snowballs. Build a snow sculpture, anything that keeps the kids moving and having fun.

4. Walk the mall. When it's too cold to venture outdoors, take the family for a brisk walk around the nearest mall. Walk up the stairs versus taking the escalators.

5. Keep it clean. Recruit your kids to help with the housecleaning. Pick jobs based on age and capability: Younger children could pick up toys, while older kids could vacuum, sort laundry or scrub the bathtub.

6. Visit the library. Libraries are a great resource for children's fitness videos and books, which you can use to teach your child about indoor exercises. Best of all, it's free.

7. Hit the trails. Go snow trekking, skiing or snowboarding with the kids for a fun aerobic workout. If you don't have the equipment (or a nearby resort), find a hill ideal for sledding or tubing. Climbing back up after each run will get hearts pumping.

8. Visit a zoo or farm. Zoos and farms are fun winter destinations for learning how life changes through the seasons. Kids could also learn how animals are taken care of during the winter months.

9. Sign 'em up. Enroll your child in an instructional group class. Try dancing, gymnastics, martial arts, fencing, inside swimming lessons, anything that will get him or her excited about staying active.



Early Preschool News

The month of November was a great month filled with lots of fun! We look forward to the month of December. We would like to welcome two new friends to our Early Preschool classroom, Dante and Peyton! During December we will be learning about the winter and everything it brings.

Please remember to be sending a hat, gloves, snow pants, and boots, because it will soon be snowing. We would like to get outside at least once a day so we would like the children to be prepared. We look forward to a fun filled December!

Sincerely,

Ms. Jenna, Ms. Heather, and Ms. Christina

Preschool "A" News

We enjoyed getting to know all about the occupations in the community. Now we look forward to all the Holidays in December and discovering the tale of Old Man Winter and Jack Frost. We will also gear up for our holiday program that will surely bring you some laughter. I'm sure this month will skate by fast, but we plan on cramming it full of 'snow' much fun!

Sincerely,

Ms. Sarah, Ms. Christina, Ms. Bev, and Ms. Becky

Preschool "B" News

Hope everyone had a great holiday break! It's hard to believe that we're already heading into December! We have a few new friends joining our group. I'd like to welcome Nate Slater, Averie London, and Jordan Palma to Preschool B. We are very excited to have them in our classroom. This also means we are losing a few friends. Dhani, Noah, and Sydney are moving up and we know they are going to do great in their new classrooms.

This month we will be focusing our art and language arts theme around "winter". We will still continue to work on our zoo phonics and number recognition. The weather is getting cold and the snow is on its way! Please remember that we do go outside almost everyday and your child needs a coat, hat, mittens, and soon snowpants and boots. Please make sure you label all of these items so it's easier to keep track of them.

As many of you may have noticed, we received new carpeting in our classroom. In order to keep it looking new as long as possible, we ask that you take off snowy boots right outside the classroom door. There will be a boot mat to the keep them on. If you would like, you can bring slippers for your child to wear in the classroom. I look forward to a great month as we jump into the busy holiday season!

Sincerely,

- Ms. Brianne



December Birthdays

Rylee (SA) 1st

Baylee (SA) 1st

Nasir (SA) 2nd

Avery (SA) 2nd

Evelyn (Inf) 3rd

Gabe (Inf) 5th

Gabe (AM Pre) 6th

Gianna (AM Pre) 9th

Layla (SA) 12th

Caden (PreB) 15th

Kai (SA) 21st

Cameron (SA) 26th

Aidan (PreK) 28th

Dereck (SA) 31st

Infant News

Welcome to winter! This month we will be reading and singing about snow, cold weather, and holiday celebrations! We will play in the snow, with gingerbread playdough, and be doing some fun artwork!

Please remember to bring weather appropriate extra clothes and coats if you wish for us to take your child outside.

Our friend Katrina has moved up to the young toddler room and will be missed greatly! Happy birthday to Gabe and Evelyn and Happy Holidays to all!

Warmly,

Ms. Tracy, Ms. Megan, Ms. Terri, and Ms. Peggy

Pre-Kindergarten News

What a fun month December will be! We welcome Dhani and Noah to our class :) Winter will be our theme for this month and some topics we will be covering are... Gingerbread people, holidays around the world, and snow and ice. Hope you all had a fantastic Thanksgiving!

PS. Ms. Stefanie is scheduled to return from maternity leave the week of the 14th!

Warmly,

Ms. Chloe, Ms. Laura, and Ms. Beverly



Kindergarten News

Twas the holiday season and all through Milestones, the kindergarten students were stirring with an excitement that could be felt. The children were thinking of all the things they would learn; holiday traditions through out the whole world. On an imaginary plane they would travel to places far, far, away. A book to read, craft to complete, and lots of fun that will be had at each stop. On to Alaska, Denmark, India, and Africa. Then to Sweden, Germany, Israel, and China.

When back to the center they will arrive with a big clatter, they will be preparing their voices to sing in the holiday pageant. And those right jolly little elves will spring onto the Milestone's sleigh, where they will travel once more to Holland Home where you might hear them exclaim, "Happy Holidays to all, and to all a good-night!"

Sincerely,

Ms. Carly, and Ms. Bethany



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AM Preschool

Welcome to the wonderful cold weather of December. We are going to have a lot of fun this month, especially since I love the snow so much! Let it snow!! This month we will be going over the letters C, M, P and F. Our themes for the month are two weeks of Winter Fun and two weeks of Holiday Celebrations. We will be having a December celebration party sometime this month so please watch the parent board for a sign up. Our Holiday Program will be the 15th so keep practicing your songs!! Enjoy your month!

Welcome Sydney and family to our room!!!

Ms. Therese and Ms. Shahida

Young Toddler

Happy December! We said goodbye to Dante this past month J, and Katrina has joined us! I am very excited for the Holiday season! We have lots of fun projects planned! The Holiday program is coming in a few weeks and our class will be participating! Come and enjoy your child's first stage-experience! With the cold weather here to stay, please keep in mind that we still go outside everyday! Please be sure your child has a warm coat, hat, mittens... and snowpants and boots for when the snow comes! Make sure you label each item clearly to avoid confusion and misplacement! We are looking forward to a wonderful holiday season!

- Ms. Jill, Ms. Sandy, and Ms. Jordon

REMINDERS AND NOTES:

- PLEASE KEEP US IN MIND WHEN REDUCING YOUR CLUTTER AT HOME! THINGS WE COULD USE ARE SCRAPS OF MATERIAL, YARN OR OTHER STRINGS, WOOD PIECES, PLASTIC PIPING PIECES; BOARD BOOKS....ASK ME IF WE CAN USE IT BEFORE YOU THROW IT!!
- SPANISH TUTORING IS AVAILABLE MONDAY EVENINGS FOR \$10 PER WEEK. SEE ME IF YOU ARE INTERESTED. ALSO, THOSE ENROLLED PLEASE GET ME YOUR NOVEMBER PAYMENT. THERE ARE 4 MONDAYS IN THE MONTH.
- PRESCHOOL MAD SCIENCE DATES ARE THE 2ND, 16TH, AND 30TH
- **EVERYONE** WHO HAS BEEN HERE FOR A YEAR OR MORE NEEDS TO STOP IN MY OFFICE AND GO OVER YOUR EMERGENCY CARD TO BE SURE NONE OF YOUR CONTACT INFORMATION HAS CHANGED. I NEED YOU TO BE SURE MYSELF OR TRACY IS HERE TO HELP YOU WITH THAT AS YOU WILL NEED TO INITIAL THAT YOU HAVE GONE OVER IT.
- **HEALTH APPRAISAL AND UPDATED IMMUNIZATION RECORDS** NEED TO BE TURNED INTO ME AS SOON AS POSSIBLE IF MY CURRENT ONE IS OVER A YEAR OLD. IF YOU ARE UNSURE OF YOURS, PLEASE FEEL FREE TO CONTACT ME.
- AFTER SCHOOL MAD SCIENCE WILL RESUME THE END OF JANUARY.
- DECEMBER 15TH IS OUR ANNUAL HOLIDAY PROGRAM. PARENTS WILL BE REQUIRED TO PICK UP THEIR CHILDREN AND HAVE THEM READY AND AT THE FOREST HILLS PRESBETRYRIAN CHURCH BY 5:15. REFRESHMENTS AND DESSERTS WILL FOLLOW. PLEASE LET YOUR CHILD'S TEACHER KNOW IF YOU WISH FOR THEM NOT TO PARTICIPATE.